

Undergraduate programmes



**Instituto Politécnico de Coimbra / Polytechnic Institute of Coimbra
Escola Superior de Educação de Coimbra (ESEC) / Coimbra Education School**

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Coimbra**

**Escola Superior de Educação de Coimbra (ESEC) / Coimbra
Education School**

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Institutional Information

Escola Superior de Educação de Coimbra (ESEC)/Coimbra Education School

The Escola Superior de Educação de Coimbra (ESEC)/Coimbra Education School, belongs to the Instituto Politécnico de Coimbra (Polytechnic Institute of Coimbra) (Erasmus code P COIMBRA02), a public higher education institution located in Coimbra, Portugal. The school's mission is to offer diplomas in programmes of a variety of applied social sciences.

ESEC's educational scheme defines areas for the social organisation of the knowledge on which its courses concentrate: Education, Communication and Social Technologies and the Arts. The school has around 2000 students involved in study areas as diverse as tourism, teacher training, media studies, multimedia design, art & design, sports, social pedagogy or drama and education. The multidisciplinary that is a hallmark of the professions is one of the indications of ESEC's identity.

Internationalisation is one of the main priorities of ESEC. ESEC has established several bilateral agreements with European higher education institutions all over Europe and in other countries such as USA, Canada, Brazil, Russia, China. A part of its international students are coming from African countries, such as Angola, Mozambique, Guinea or Cape Verde. ESEC European network spreads all over 22 European countries and includes around 180 university agreements. The cooperation established with these partners includes agreements in students' and staff's mobility, intensive projects and European modules.

Instituto Politécnico de Coimbra (IPC)/Polytechnic of Coimbra

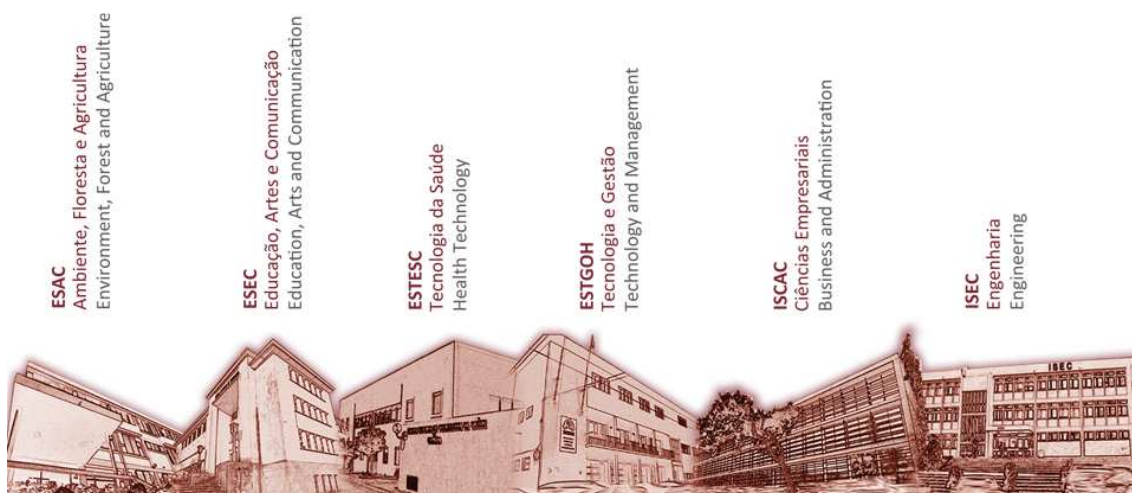
Polytechnic Institute of Coimbra was created in 1979 when polytechnic education was introduced in Portugal (see annex 1 to understand the Portuguese educational system).

In spite of the IPC's recent history, it inherited the tradition and experience of the colleges which became part of it, thus becoming today one of the largest polytechnics in the country and one of the most important institutions of higher education in Portugal. Today it encompasses six Schools:

- Coimbra Agriculture School - ESAC
- Coimbra Education School - ESEC
- Coimbra Health School - ESTeSC
- Oliveira do Hospital Management and Technology School- ESTGOH
- Coimbra Business School - ISCAC
- Coimbra Institute of Engineering - ISEC

as well as the - Social Welfare Services (SAS) and Central Administration/ Presidency Services (SP).

The image which the IPC today projects in the scope of higher education in Portugal (as the high number of applicants witnesses), the courses made available at its schools, as well as the excellent employment record, all is the result of the Polytechnic's quality teaching (where the strong practical component is based on solid theoretical education) and, equally important, the constant concern of adapting the courses to the labour market and the country's needs. Furthermore, the Polytechnic invests much in inter-institutional cooperation, internationalisation, career advisory services and professional training of its collaborators.



Undergraduate programmes (Licenciaturas)

ESEC offers twelve undergraduate programmes (6 semesters, 180 ECTS each) in different applied areas (teacher training, social education, communication and media studies, tourism and fine arts). A range of master's programmes is also available (4 semesters; 120 ECTS).

In this brochure you will find the **academic structure** and plan of studies to the undergraduate programmes. The study plans stated are the regular plans. Students have each year optional and multidisciplinary unit courses to fulfil the required ECTS per year.

Undergraduate Programmes

- o Art and Design
- o Basic Education
- o Communication and Multimedia Design
- o Leisure and Social Pedagogy
- o Media Studies
- o Music
- o Organizational Communication
- o Portuguese Sign Language
- o Social Gerontology
- o Sport Science and Leisure
- o Theatre and Education
- o Tourism

Animação Sócio-Educativa - ASE (Leisure and Social Pedagogy)

The ASE course aims to provide a solid grounding in the area of recreation, directed towards intervention at an individual, group or community level, and the development of skills and capabilities.

Goals

This programme aims to educate recreation specialists that are fully integrated and effectively involved with local development and community intervention. Graduates shall acquire skills for: developing sociocultural intervention projects; promoting educational work for the appropriate enjoyment of leisure time; implementing training programmes in the adult population, within the scope of non-formal education and lifelong learning; promoting social inclusion with regard to the diversity of specific population groups.

Careers and Professional Opportunities

- o Senior local development and community intervention specialist;
- o Senior recreation and sociocultural management specialist;
- o Leisure supervisor
- o Education and leisure project manager (with children and adults);
- o Adult educator, trainer and mediator;
- o Senior social inclusion specialist.

Study Plan

Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Antropologia Social e Cultural	Social and Cultural Anthropology	3
1	S1	Fundamentos da Animação	Fundamentals of Social Pedagogy	6
1	S1	Atelier de Análise Social da Educação	Workshop: Social Analysis of Education	3
1	S1	História Regional e Local	Regional and Local History	6
1	S1	Psicologia Social	Social Psychology	6
1	S2	Técnicas de Animação de Grupos	Group Dynamics Techniques	3
1	S2	Educação e Intervenção Comunitária	Education and Community Intervention	6
1	S2	Atelier de Animação Cultural do Património	Workshop: Patrimony and Leisure Cultural Activities	3
1	S2	Psicologia da Aprendizagem	Psychology of Learning	6
1	S2	Técnicas de Animação Comunitária	Techniques of Community Practice	6
2	S1	Sociologia do Desenvolvimento e da Mudança Social	Sociology of Social Development and Change	3
2	S1	Atelier de Expressões	Workshop: Expression through Art	3
2	S1	Conceção de Projetos e Intervenção Comunitária	Community-based Intervention Projects	6
2	S1	Metodologia de Investigação - Ação	Methodology of Research - Action	6
2	S1	Atelier de Expressões	Workshop: Expressions	3
2	S1	Opção Vocacional: A -Educação, Lazer e Animação de Tempos Livres	Optional Vocational Course: A – Education, and Leisure Or	6

Year	Semester	Disciplina	Unit Course / Subject	ECTS
		Ou B - Educação ao Longo da Vida + Exclusão e Inserção Social	B- Life Long Learning + Exclusion and social inclusion	
2	S2	Gestão de Equipamentos Recursos e Infraestruturas Locais	Facility Management	6
2	S2	Atelier de Projetos de Intervenção	Workshop: Intervention Projects	3
2	S2	Políticas Educativas e de Desenvolvimento Local e Regional	Educational Policies and Local Development	3
2	S2	Análise de Necessidades e Potencialidades Educativas	Education Needs Analysis	6
2	S2	Opção Vocacional: Literacia + Atividades Lúdicas e Desportivas + Necessidades Educativas Especiais Ou Modelos e Práticas de Educação de Adultos + Desenvolvimento Local e Animação Comunitária	Vocational option: A – Literacy + Leisure and sports + Special Needs Or B – Adult education + Local Development	6+3+3 ou 6+6
3	S1	Seminário	Seminar	3
3	S1	Educação Intercultural	Intercultural Education	6
3	S1	Psicologia Ecológica e do Desenvolvimento Humano	Ecological and Developmental Psychology	6
3	S1	Opção Vocacional: Formação de Formadores/Animadores + Literatura Infantil e Juvenil Ou Formação de Formadores + Museologia e Património Cultural	Vocational option: A – Trainers Training + Child Literature Or B – Trainers Training + Museology and Cultural Patrimony	6
3	S2	Estágio	Internship	30

Arte e Design - AD

(Art & Design)

The Art and Design course aims to provide a solid grounding in the area of art, fine arts, drawing and design, combining theoretical and practical components of a multidisciplinary training programme.

Goals

Contributing to the training available in the area in order to meet national strategic demands of a cultural nature and establishing itself as an alternative at a local and regional level, this course seeks to produce qualified and competent professionals in the areas of Art and Design.

Careers and Professional Opportunities

- o Project design
- o Consulting
- o Visual artist

Study Plan

Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Desenho I	Drawing I	3
1	S1	Psicologia da Percepção Visual	Psychology of Visual Perception	3
1	S1	Teoria da Arte	Theory of Art	3
1	S1	Artes Plásticas I	Plastic Arts I	6
1	S1	Design I	Design I	6
1	S1	Sistemas de Representação Gráfica I	Systems of Graphic Representation I	6
1	S2	Desenho II	Drawing II	3
1	S2	Teoria do Design	Theory of Design	3
1	S2	Artes Plásticas II	Plastic Arts II	6
1	S2	Design II	Design II	6
1	S2	Sistemas de Representação Gráfica II	Systems of Graphic Representation II	6
2	S1	Materiais e Técnicas de Produção	Materials and Techniques	3
2	S1	Oficina de Fotografia	Workshop: Photography	3
2	S1	Artes Plásticas III	Plastic Arts III	6
2	S1	Desenho III	Drawing III	3
2	S1	Design III	Design III	6
2	S2	Correntes Artísticas e de Design Contemporâneo	Contemporary Movements in Art and Design	3
2	S2	Modelos e Protótipos	Models and Prototypes	3
2	S2	Oficina de Vídeo	Workshop: Video	3
2	S2	Ilustração	Illustration	6
2	S2	Oficina de Artes Plásticas	Workshop: Plastic Arts	6
2	S2	Oficina de Design	Workshop: Design	6
3	S1	Estudos de Arte	Art Studies	3
3	S1	Estudos de Design	Design Studies	3
3	S1	Projeto de Arte	Project: Art	6
3	S1	Projeto de Design	Project: Design	6
3	S2	Seminário de Inserção Profissional	Seminar: Professional Preparation	12
3	S2	Projeto de Arte e Design	Project: Art and Design	18

Comunicação e Design Multimédia - CDM (Communication and Multimedia Design)

The CDM course aims to train professionals with multiple interdisciplinary skills in the area of communication, design and multimedia. The CDM course combines solid theoretical grounding in the area of communication with practical experience of computer tools used for web design.

Goals

The CDM course aims to train professionals with multidisciplinary skills and capabilities in communication, design and audiovisual technology, capable of designing and putting together multimedia products.

Careers and Professional Opportunities

- o Information systems manager in the fields of publishing and graphics, multimedia and audiovisual production;
- o Director of graphics and image production;
- o Web designer;
- o Producer and editor of distance learning systems;
- o Institutional I.T. and audiovisual departments;
- o Freelance professionals in the area of communication and multimedia design.

Study Plan

Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Correntes de Estética Musical	Music and Aesthetic Movements	3
1	S1	Interação com o Utilizador I	User Interface I	3
1	S1	Oficina de Fotografia	Workshop: Photography I	3
1	S1	Desenho Gráfico I	Graphic Drawing I	6
1	S1	Programação e Algoritmos I	Programming and Algorithm I	6
1	S2	Interação com o Utilizador II	User Interface II	3
1	S2	Música, Arte e Multimédia	Music, Art and Multimedia	3
1	S2	Oficina de Fotografia II	Workshop: Photography II	3
1	S2	Psicologia da Percepção	Psychology of Perception	3
1	S2	Desenho Gráfico II	Graphic Drawing II	6
1	S2	Programação e Algoritmos II	Programming and Algorithm II	6
1	S2	Teorias da Imagem	Theories of Image	6
2	S1	Acústica	Acoustics	3
2	S1	Cultura dos Novos Media	New Media Culture	3
2	S1	Oficina de Vídeo I	Workshop: Video I	3
2	S1	Tipografia I	Typography I	3
2	S1	Programação Web I	Web Programming I	6
2	S1	Redes e Sistemas Multimédia I	Multimedia Systems I	6
2	S2	Animação I	Animation I	6
2	S2	Oficina de Vídeo II	Workshop: Video II	3
2	S2	Tipografia II	Typography II	3
2	S2	Oficina de Áudio	Workshop: Audio	6
2	S2	Produção e Realização de Vídeo Digital	Production and Edition of Digital Video	3
2	S2	Redes e Sistemas Multimédia II	Multimedia Systems II	6
3	S1	Animação II	Animation II	3

3	S1	Desenho Editorial	Editorial Drawing	6
3	S1	Pós-produção Vídeo Digital	Digital Video Post-Production	3
3	S1	Modelação de Dados	Data Modelling	6
3	S1	Programação Web II	Web Programming II	6
3	S2	Projeto	Project	30

Comunicação Organizacional - CO (Organizational Communication)

The aim of the Organizational Communication course is to train quality professionals in the areas of business and/or organisational communications, market and opinion studies, public relations and marketing communications.

Goals

The Organizational Communication programme aims to combine solid scientific grounding in the general domain of social and behavioural sciences with the more specific domains of business communications and public relations, marketing communications, organisational sciences, social psychology, communication sciences and research methods, providing graduates with a culturally contextualised understanding of communication phenomena in groups, organisations and society.

Careers and Professional Opportunities

- o Social communications, image and institutional communications consultancies;
- o Management of internal communications for organisations and business and/or institutional communications;
- o Public relations and marketing communications;
- o Consumer behaviour studies;
- o Surveys and opinion studies;
- o Trainer in the area of organisational communications and public relations.

Study Plan

Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Economia de Empresa	Economics of Enterprise	3
1	S1	Atelier de Inserção às Práticas Organizacionais	Workshop: Introduction to Corporations Practices	3
1	S1	História Económica e Social	Economic and Social History	6
1	S1	Psicologia Social dos Grupos e Equipas de Trabalho	Social Psychology of Group and Working Teams	6
1	S1	Teorias da Comunicação	Theories of Communication	6
1	S2	Atelier de Introdução ao Marketing	Workshop: introduction to marketing	3
1	S2	Fundamentos Teóricos das Relações Públicas	Public Relations Theory	3
1	S2	Contabilidade e Gestão de Empresas	Accountancy & Management	6
1	S2	Psicologia Social das Organizações	Social Psychology of Organizations	3
1	S2	Teoria das Organizações	Theory of Organizations	6
2	S1	Atelier de Gestão de Recursos Humanos	Workshop: Human Resources Management	3

2	S1	Direito da Comunicação e do Marketing	Law, Communication and Marketing	3
2	S1	Análise Estratégica em Relações Públicas	Strategic Analysis in Public Relations	6
2	S1	Marketing de Serviços	Services Marketing	6
2	S1	Marketing Estratégico	Strategic Marketing	6
2	S1	Metodologia da Investigação Aplicada à Comunicação Organizacional	Applied Organizational Communication Research	6
2	S2	Formação de Ativos em Empresa	Enterprise In-service Training	3
2	S2	Planeamento de Ações em Relações Públicas	Public Relations Planning	3
2	S2	Atelier de Comunicação Institucional	Workshop: Communication in Organizations	3
2	S2	Atelier de Comunicação e Marketing	Workshop: Communication and Marketing	3
2	S2	Deontologia e Responsabilidade Social Empresarial	Deontology and Social Responsibility of Enterprises	3
2	S2	Comportamento e Comunicação Organizacional	Management of Organizational Knowledge	6
2	S2	Gestão do Conhecimento Organizacional	Knowledge Management in Organizations	6
2	S2	Planeamento e Gestão Estratégica	Planning and Strategic Management	6
2	S2	Técnicas de Pesquisa de Marketing	Techniques of Research in Marketing	3
2	S2	Psicologia do Consumidor	Consumer Psychology	6
3	S1	Comunicação Interna nas Organizações	Internal Communication in Organizations	3
3	S1	Atelier de Relações com os Média	Workshop: Effective Relations with Media	3
3	S1	Atelier de Marketing Relacional	Workshop: Relational Marketing	3
3	S1	Gestão da Qualidade Total	Quality Management	6
3	S1	Sondagens e Estudos de Opinião	Pools and Opinion Studies	6
3	S1	Marketing de Marcas	Brands Marketing	3
3	S1	Mudança e Desenvolvimento Organizacional	Organization Change and Development	6
3	S1	Representação e Cultura Visuais	Representation and Visual Cultures	6
3	S2	Estágio/Seminário/Projeto	Internship / Project	30

Comunicação Social - CS (Media Studies)

This programme combines solid scientific grounding in the domain of information and communication sciences with practical experience directed towards the production of information and content for the *New Media*.

Goals

This degree course aims to train competent professionals in the areas of information and communication, providing them with a culturally contextualised understanding of communication phenomena in groups, media and society.

Careers and Professional Opportunities

- o Press, radio and television journalism;
- o Online journalism, producer-editor-manager of content for an online content production portal;
- o Institutional communication consultant;
- o Press officer/consultant.
- o Director / producer / assistant director for TV/radio;
- o Programming director/coordinator for TV/radio.

Study Plan

Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Atelier de Análise do Discurso dos Media	Workshop: Analysis of Media Discourse	3
1	S1	Expressão Escrita para a Comunicação Social	Writing for the Media	3
1	S1	História Contemporânea de Portugal	Contemporary History of Portugal	6
1	S1	Psicologia Social dos Grupos e Equipas de Trabalho	Social Psychology of Group and Working Teams	6
1	S1	Teorias da Comunicação	Theories of Communication	6
1	S2	Atelier de Redação Jornalística	Workshop: Report Writing	3
1	S2	Iniciação à Produção Televisiva	Introduction to Television Production	3
1	S2	Gêneros Jornalísticos	Journalism Feature Articles	6
1	S2	Psicologia Social da Comunicação	Social Psychology and Communication	6
1	S2	Sociologia da Comunicação	Sociology of Communication	6
2	S1	Atelier de Ciberultura	Workshop: CyberCulture	3
2	S1	Comunicação Organizacional	Communication in Organizations	3
2	S1	Jornalismo de Imprensa	Press Journalism	6
2	S1	Metodologias de Investigação Científica na Comunicação Social	Research Methods for Media Studies	6
2	S1	Sociologia dos Media	Sociology of Media	6
2	S1	Realização Televisiva Multicâmara	TV Production	6
2	S2	Atelier de Jornalismo Radiofónico	Workshop: Radio Journalism	3
2	S2	Jornalismo Digital	Digital Journalism	3
2	S2	Comunicação com a Imagem	Communication and Image	6
2	S2	Direito da Comunicação Social	Media Law	6
2	S2	História dos Media	Media History	6
2	S2	Jornalismo Televisivo	TV Journalism	6
2	S2	Atelier de Crossmedia	Workshop: Crossmedia	6
2	S2	Guionismo	Screenwriting	3

2	S2	Pós-Produção Vídeo	Video Post Production	6
3	S1	Atelier de Investigação Jornalística	Workshop: Journalistic Investigation	3
3	S1	Atelier de Televisão Interativa	Workshop: Interactive TV	6
3	S1	Técnicas de Jornalismo Radiofónico	Techniques of Radio Journalism	3
3	S1	Produção de Informação para Documentários	Information Production for Documentaries	3
3	S1	Produção e Administração de Conteúdos On-Line	Production and Management of on-line Contents	3
3	S1	Deontologia da Comunicação Social	Deontology for Media	6
3	S1	Fotojornalismo	Fotojournalism	6
3	S1	Representação e Cultura Visuais	Representation and Visual Cultures	6
3	S2	Estágio/Projeto	Internship / Project	30

Desporto e Lazer - DL (Sports and Leisure)

The Sport and Leisure course aims to provide skills in the area of sport and leisure through the combination of a sound theoretical and scientific component in the area of sports sciences with specific practical experience in physical education and recreation.

Goals

The Sport and Leisure course aims to training of able professionals with a array of skills enabling them to respond to new social demands, which include the association of sporting activities with leisure, the recognition of sporting activities as a means of staying healthy and the demand for recreational sporting activities as a means of achieving quality of life through communal living and well-being.

Careers and Professional Opportunities

- o Physical education and sports professional;
- o Sports coach;
- o Sports-based social recreation worker;
- o Manager or director of sport;
- o Personal trainer;
- o Physical exercise and fitness professional.

Study Plan

Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Introdução ao Desporto e Lazer	Introduction to Sports and Leisure	3
1	S1	Biomecânica	Biomechanics	3
1	S1	Anatomofisiologia	Anatomophysiology	6
1	S1	Desportos Individuais I	Individual Sports I	6
1	S1	Desportos e Atividades de Ginásio I	Sports and Gym Activities	6
1	S1	Atividade Física e Saúde	Physical Activity and Health	6
1	S2	Fisiologia do Exercício	Physical Activity Fisiology	6

1	S2	Condição Física	Physical condition	6
1	S2	Desenvolvimento Motor	Motor development	6
1	S2	Desportos e Atividades de Ginásio II	Sports and Gym Activities II	3
1	S2	Animação e Recreação Desportiva	Leisure and Sports Recreation	3
1	S2	Desportos Individuais II	Individual Sports II	
1	S2	Desportos e Atividades de Lazer	Sports and Leisure Activities	3
2	S1	Avaliação e Prescrição do Exercício Físico	Physical Activity Assessment and Prescription	6
2	S1	Controlo Motor e Aprendizagem	Motor Control and Learning	3
2	S1	Desportos Coletivos I	Team Sports I	6
2	S1	Dança	Dance	6
2	S1	Sociologia do Desporto e Lazer	Sociology of Sports and Leisure	6
2	S2	Psicologia do Desporto	Sport Psychology	3
2	S2	Metodologia do Treino Desportivo	Methodology for Sport Activity	6
2	S2	Organização e Gestão do Desporto	Organisation and Sports Management	6
2	S2	Espaços e Equipamentos Desportivos	Sport Facilities	3
2	S2	Desportos Coletivos II	Team Sports II	3
2	S2	Desportos e Atividades de Natureza	Sports and Outdoor Activities	6
3	S1	Métodos Estatísticos em Desporto	Statistical Methods in Sports	3
3	S1	Pedagogia do Desporto	Sports Pedagogy	6
3	S1	Pedagogia do Lazer	Leisure Pedagogy	6
3	S1	Desportos e Atividades Aquáticas	Sports and Water Activities	6
3	S1	Seminário	Seminar	3
3	S1	Projeto	Project	3
3	S2	Estágio	Internship	30

Educação Básica - EB

(Basic Education)

The Basic Education degree constitutes a Bachelor's degree level training programme, which enables graduates to go on to vocational Master's courses in order to train as early childhood and primary education teachers.

Goals

The Basic Education degree is essentially a preparatory course for vocational Master's programmes that provide early childhood and primary school teaching qualifications.

Careers and Professional Opportunities

- o Participation in educational projects in formal and non-formal contexts
- o Educational and recreational services of cultural institutions: museums, libraries, educational play centres, science centres
- o Socio-educational support, supervision and integration roles in various educational contexts such as crèches, preschools and schools

Study Plan

Curriculum				
Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Expressão Plástica	Plastic Expression	6
1	S1	Sociedade e Cultura	Society and Culture	4
1	S1	Expressão Dramática	Dramatic Expression	6
1	S1	Português I	Portuguese Language I	6
1	S1	Observação e Intervenção Educativa I	Teaching Practicum I	2
1	S1	Matemática I	Mathematics I	6
1	S2	Literatura I	Literature I	6
1	S2	Psicologia do Desenvolvimento	Developmental Psychology	2
1	S2	Tecnologias da Informação e Comunicação	Information and Communication Technologies	2
1	S2	Educação Física	Physical Education	6
1	S2	Matemática II	Mathematics II	6
1	S2	Observação e Intervenção Educativa II	Teaching Practicum II	2
1	S2	Saúde, Ambiente e Consumo	Health, Environment and Consumption	6
2	S1	Expressão Musical	Musical Expression	6
2	S1	Observação e Intervenção Educativa III	Teaching Practicum III	2
2	S1	Psicologia da Educação	Psychology of Education	2
2	S1	História e Geografia I	History and Geography I	6
2	S1	Matemática III	Mathematics III	6
2	S1	Fundamentos do Pensamento Educativo	Basis of Educational Thinking	2
2	S1	Português II	Portuguese Language II	6
2	S2	Necessidades Educativas Especiais	Special Education Needs	2
2	S2	Desenvolvimento Curricular	Curriculum Development	2
2	S2	História e Geografia II	History and Geography II	6
2	S2	Literatura para a Infância	Literature for Childhood	7
2	S2	Matemática IV	Mathematics IV	7
2	S2	Observação e Intervenção Educativa IV	Teaching Practicum IV	4
2	S2	Representações na Matemática Elementar Or Comunicação e Expressão Oral	Representations in Elementary Mathematics or Communication and Speaking	2
3	S1	Didática da História e Geografia de Portugal	Didactics of Portuguese History and Geography	4
3	S1	Educação Intercultural	Intercultural Education	2
3	S1	Ciências da Natureza	Natural Sciences	6
3	S1	Matemática V	Mathematics V	6
3	S1	Didática das Expressões	Didactic of Expressions	4
3	S1	Didática do Português	Didactics of Portuguese	4
3	S1	Opção – Uma das seguintes:	Optional Unit Course:	4

		Sexualidade, Saúde e Educação; Resiliência e Saúde; Ambiente e Educação; Bioética	Sexuality, Health and Education; Resilience and Health; Environment and Education; Bioethics	
3	S2	Tecnologia Educativa	Educational technology	2
3	S2	Didática da Matemática	Didactics of Mathematics	4
3	S2	Didática das Ciências da Natureza	Didactics of Natural Sciences	4
3	S2	Oficina de Expressões	Expressions Workshop	7
3	S2	Literatura II	Literature II	6
3	S2	Observação e Intervenção Educativa V	Teaching Practicum V	5
3	S2	Opção – Uma das seguintes: Formação Pessoal e social; Intervenção Educativa Precoce	Optional Unit Course: Personal and social Training; Educational Intervention Early	2

Gerontologia Social - GS (Social Gerontology)

Gerontologia Social (Social Gerontology)

The Social Gerontology Course aims to train professionals in the area of gerontology and includes a solid grounding in fields relating to the biology, psychology and sociology of the elderly, from a care, leisure and development perspective.

Goals

Train competent professionals from a theoretical and practical point of view, who are capable of providing the care needed for the support and development of the elderly from a health, leisure and welfare perspective.

Careers and Professional Opportunities

- o Gerontology in social and private organisations providing services and care directly to the elderly (day centres, night centres, homes for the elderly, residences for the elderly, communal living centres, temporary and emergency shelters for the elderly, home support services);
- o Health facilities within the scope of prevention and health education programmes and the provision of primary care.

Study Plan

Curriculum				
Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Biologia do Envelhecimento	Aging Biology	6
1	S1	Psicologia do Envelhecimento	Aging Psychology	3
1	S1	Sociologia e Demografia do Envelhecimento	Sociology and Demography Aging	6
1	S1	Desenvolvimento Pessoal e Social do Adulto e da Pessoa Idosa	Adult and Ancient Personal and Social Development	6
1	S1	Animação de Idosos	Leisure to Ancients	3
1	S2	Sexualidade, Saúde e Envelhecimento	Sexuality, Health and Aging	3
1	S2	Resiliência, Saúde e Envelhecimento	Resilience, Health and Aging	3

1	S2	Psicopatologia do Envelhecimento	Aging Psychopathology	3
1	S2	Envelhecimento e Atividade Física	Aging and Physical Activity	6
1	S2	Gestão de Equipamentos e Serviços Sociais Gerontológicos	Equipments and Gerontology Social Services Management	6
1	S2	Psicologia Comunitária	Communitary Psychology	3
2	S1	Cuidados Básicos e Continuados de Saúde I	Health Care I	6
2	S1	Nutrição e Dietética	Nutrition and Dietetics	3
2	S1	Avaliação de Necessidades	Needs Assessment	3
2	S1	Técnicas de Comunicação e de Trabalho em Grupo	Communication and Team Work Techniques	3
2	S1	Gestão de Pessoas nas Organizações	Human Resources Management in the Organizations	6
2	S1	Métodos Quantitativos	Quantitative Methods	3
2	S2	Cuidados Básicos e Continuados de Saúde II	Health Care II	6
2	S2	Metodologias de Investigação e de Ação em Gerontologia Social	Action and Research Methodology in Social Gerontology	6
2	S2	Políticas, Sistemas e Práticas de Proteção Social	Policy, Systems and Practice of Social Protection	6
2	S2	Gerontologia Educativa	Educational Gerontology	3
2	S2	Aconselhamento e Orientação Gerontológica	Gerontology Advice and Guidance	3
2	S2	Conceção de Projetos e Intervenção Comunitária	Community-Based Intervention Projects	6
3	S1	Laboratório de Arteterapia	Workshop: Art Therapy	3
3	S1	Animação Teatral	Drama and Leisure	3
3	S1	Laboratório de Expressão Musical e Musicoterapia	Workshop: Music Expression and Music Therapy	3
3	S1	Laboratório de Movimento e Dança	Workshop: Movement and Dance	3
3	S1	Laboratório de Primeiros Socorros	Workshop: First Aid	3
3	S1	Formação de Formadores	Training of Facilitators and Trainers	6
3	S1	Seminário	Seminar	9
3	S2	Estágio	Internship	30

Língua Gestual Portuguesa - LGP (Portuguese Sign Language)

The Portuguese Sign Language degree aims to develop and consolidate studies around this language in order for it to be understood as a vehicle for full and autonomous communication by the deaf community. The intention of this programme, which combines a solid theoretical grounding with practice of the language, is to spark an interest and desire in the students to deepen their reflexive knowledge concerning Portuguese Sign Language (LGP) in order to become competent professionals, capable of advanced critical thinking.

Goals

Train professionals to teach or interpret Portuguese Sign Language (LGP) as a 1st or 2nd language and to spread the values and culture of the deaf community, contributing towards ensuring equal opportunities, social integration and access to education for deaf people, and towards ensuring that communication takes place between the deaf and the hearing.

Careers and Professional Opportunities

- o Portuguese Sign Language (LGP) trainers / teachers;
- o Portuguese Sign Language (LGP) interpreters.

Study Plan

Curriculum				
Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Língua Gestual Portuguesa I	Portuguese Sign Language I	12
1	S1	Língua Portuguesa I	Portuguese Language I	6
1	S1	Introdução à Linguística Geral e Portuguesa	Introduction to Portuguese Linguistics	6
1	S2	Ética e Deontologia Profissional do Interprete de LGP	Ethics and Deontology of the Sign Language Interpreter	3
1	S2	Codificação e Representação Gráfica na LGP	Code and Graphic Representation in Portuguese Sign Language	3
1	S2	Língua Gestual Portuguesa II	Portuguese Sign Language II	12
1	S2	Surdez e Comunicação	Deafness and Communication	3
1	S2	Sociedade, Cultura e Identidade Surda	Society, Culture and Deaf Identity	3
1	S2	Psicologia da Educação	Psychology of Education	3
2	S1	Teoria e Prática da Tradução e Interpretação da LGP	Translation and Interpretation of Sign Language: Theory and Practice	3
2	S1	Língua Gestual Portuguesa III	Portuguese Sign Language III	15
2	S1	Língua Portuguesa II	Portuguese Language II	3
2	S1	Linguística da Língua Gestual Portuguesa I	Linguistics of Portuguese Sign Language I	3
2	S1	Currículo e Formação	Curriculum and Training	3
2	S2	Interpretação para LGP I	Gesture Interpretation I	6
2	S2	Interpretação para Voz I	Sign Language: Voice Interpretation I	6
2	S2	Técnicas de Expressão Escrita	Writing Technics	3
2	S2	Língua Gestual Portuguesa IV	Portuguese Sign Language IV	15
2	S2	Tecnologia Educativa	Educational Technology	3
2	S2	Didática do Ensino da LGP I	Didactic of Teaching and LGP I	3
2	S2	Necessidades Educativas Especiais	Special Educational Needs	3
2	S2	Intervenção Precoce em problemas de Comunicação	Early Intervention in Communication problems	3
3	S1	Interpretação para LGP II	Sign Language: Gesture Interpretation II	6
3	S1	Interpretação para Voz II	Sign Language: Voice Interpretation II	6
3	S1	Cultura dos Surdos	Deaf Culture	3
3	S1	Linguística da Língua Gestual Portuguesa II	Linguistics of Portuguese Sign Language II	3
3	S1	Língua Gestual Portuguesa V	Portuguese Sign Language V	12
3	S1	Didática do Ensino da LGP II	Didactic of Teaching and LGP II	9
3	S1	Workshop	Workshop	3
3	S2	Estágio	Internship	30

Música - MUS

(Music)

The Music degree course provides a solid grounding in music, combining theory with practice in a complete and multidisciplinary study programme.

Goals

The Music degree aims to train quality professionals, capable of actively entering the job market and providing services in both the field of musical intervention and audio technology.

Careers and Professional Opportunities

- o Mediators for musical recreation projects at various kinds of institutions;
- o Directors of choirs, student singing groups and other amateur musical groups;
- o Support technicians for teams involved in producing/making music;
- o Specialist editors for musical scores;
- o Foley artists

Study Plan

Curriculum				
Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Acústica Física e Psicoacústica	Acoustics and Psychoacoustics	3
1	S1	Prática de Teclado I	Keyboard Practice I	3
1	S1	Formação Musical I	Musical Training I	6
1	S1	Introdução às Tecnologias na Música	Introduction to Music Technologies	6
1	S1	Prática Vocal e Instrumental I	Voice and Instrument Practice I	6
1	S2	Acústica Musical e Organologia	Musical Acoustics and Organology	3
1	S2	Prática de Teclado II	Keyboard Practice II	3
1	S2	Análise e Técnicas de Composição I	Composition Analysis and Techniques I	6
1	S2	Formação Musical II	Musical Training II	6
1	S2	História da Música I	History of Music I	6
1	S2	Prática Vocal e Instrumental II	Voice and Instrument Practice II	6
2	S1	História da Música II	History of Music II	3
2	S1	Prática de Teclado III	Keyboard Practice III	3
2	S1	Análise e Técnicas de Composição II	Composition Analysis and Techniques II	6
2	S1	Aplicações em Hardware	Hardware Applications	6
2	S1	Formação Musical III	Musical Training III	6
2	S1	Prática Vocal e Instrumental III	Voice and Instrument Practice III	6
2	S1	Psicologia Comunitária	Community Psychology	6
2	S2	Acústica Arquitectual I	Acoustics I	3
2	S2	Aplicações em Software I	Software Applications I	3
2	S2	Prática de Teclado IV	Keyboard Practice IV	3
2	S2	Áudio Digital	Digital Audio	6
2	S2	Educação Não-formal com Populações Específicas	Non Formal Education and Special Populations	6
2	S2	Formação Musical IV	Musical Training IV	6
2	S2	Movimento e Dança	Movement and Dance	6
2	S2	Prática Vocal e Instrumental IV	Voice and Instrument Practice IV	6
3	S1	Acústica Arquitectual II	Acoustics II	3

3	S1	Aplicações em Software II	Software Applications II	3
3	S1	Etnomusicologia	Ethnomusicology	6
3	S1	Formação Musical V	Musical Training V	6
3	S1	Metodologias de Intervenção Musical	Methodology for Musical Intervention	6
3	S1	Música em Reabilitação	Music in Rehabilitation	6
3	S1	Prática Vocal e Instrumental V	Voice and Instrument Practice V	6
3	S1	Síntese Áudio	Audio Synthesis	6
3	S2	Estágio/Projeto de intervenção	Internship/ Intervention Project	18
3	S2	Estética Musical	Musical Aesthetics	3
3	S2	Direção Coral e Instrumental	Choir/Ensemble Directing	6

Teatro e Educação - TE (Drama and Education)

The Theatre and Education course aims to train highly qualified professionals in the science of theatre, providing a conceptual understanding of the performing arts and the ability to execute projects in this area.

Goals

The Theatre and Education course is the first artistic course to be run in a public higher education institute in Coimbra and the only degree course in theatre on offer in the city and the region. It combines theoretical grounding with a significant practical component in order to train future professionals to work in show production, theatre education, recreation, among other areas.

Careers and Professional Opportunities

- o Actors / actresses;
- o Stage directors and managers;
- o Technical directors supporting teams involved in the preparation and realisation of performances; and production directors and coordinators;
- o Staging and executive production assistants;
- o Leisure supervisors;

Study Plan

Curriculum				
Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Análise do Texto Dramático	Script Analysis	3
1	S1	Improvisação	Improvisation	3
1	S1	Interpretação I	Interpretation I	6
1	S1	Prática Vocal I	Voice Practice I	3
1	S1	Corpo I	Body Language I	3
1	S1	Psicologia Comunitária	Community Psychology	6
1	S2	Interpretação II	Interpretation II	6
1	S2	Expressão Dramática	Dramatic Expression	3
1	S2	História do Teatro e da Literatura Dramática I	Theatre and Drama History I	3

1	S2	Corpo II	Body Language II	3
1	S2	Metodologia da Encenação	Staging Methodology	6
1	S2	Prática Vocal II	Voice Practice II	3
2	S1	Articulação de Corpo e Voz	Body and Voice Articulation	3
2	S1	Direção de Atores	Directing Actors	3
2	S1	História do Teatro e da Literatura Dramática II	Theatre and Drama History II	3
2	S1	Educação e Intervenção Comunitária	Education and Community Intervention	6
2	S1	Movimento e Dança	Movement and Dance	3
2	S1	Oficina de Encenação	Workshop: Staging	6
2	S2	Laboratório Teatral	Workshop: Drama	9
2	S2	Legislação, Produção e Programação Teatral	Law and Theatre Production Management	3
2	S2	Metodologias de Intervenção Teatral	Methodology of Theatre Intervention	3
2	S2	Teatro em Portugal e nos Países Lusófonos I	Drama in Portuguese-Speaking Countries I	3
2	S2	Conceção de Projetos e Intervenção Comunitária	Project Design and Community Intervention	6
3	S1	Projeto de Intervenção	Intervention Project	9
3	S1	Técnicas de Cena	Scene Techniques	3
3	S1	Teorias do Espetáculo e da Interpretação	Drama and acting theories	6
3	S1	Formação de Formadores	Training of Trainers	6
3	S2	Educação Não-Formal com Populações Específicas	Non-Formal Education in Special Populations	6
3	S2	Estágio	Internship	21

Turismo - TUR

(Tourism)

The fundamental aim of the Tourism degree is to provide a high level of theoretical and practical training in the area of tourism, with a multidisciplinary dimension encompassing the areas of sociology, psychology, consumer behaviour, marketing and management.

Goals

The intention of the Tourism programme is to train professionals capable of working coherently at different stages of the tourism sector. The future professional should be able to understand the interdisciplinary nature of tourism; to plan and encourage tourism events and investment projects; catalogue and enhance heritage resources, ensuring they are afforded their due value; and create tourist itineraries.

Careers and Professional Opportunities

- o **Senior Specialist in:**
Public institutes, general tourism boards, regional tourism boards, regional development and coordination committees, municipal councils, tourist regions, tourist information offices, municipal government-owned companies, development associations, tourist recreation companies, consultancy companies, event and congress organisation companies, tour operators and travel agents, tourist enterprises.

Study Plan

Curriculum				
Year	Semester	Disciplina	Unit Course / Subject	ECTS
1	S1	Sociologia do Lazer e do Turismo	Sociology of	6
1	S1	Língua Estrangeira I - Inglês	Foreign Language - English	6
1	S1	Introdução ao Turismo	Introduction to Tourism	6
1	S1	Geografia do Turismo	Geography of Tourism	6
1	S1	Comportamento do Consumidor	Consumer Behavior	3
1	S1	Sistemas de Informação Turística	Tourist Information Systems	3
1	S2	Desenvolvimento de Produtos Turísticos	Development of Tourism Products	6
1	S2	Economia do Turismo	Tourism Economics	3
1	S2	Língua estrangeira II - Inglês	Foreign Language II - English	6
1	S2	Organização e Legislação Turística	Organization and Tourism Law	3
1	S2	Métodos Quantitativos	Quantitative Methods	3
1	S2	Território e Património Cultural	Territory and Cultural Heritage	6
1	S2	Turismo Activo	Active Tourism	3
2	S1	Movimentos Artísticos e Património	Artistic movements and Heritage	3
2	S1	Gestão Financeira e Contabilística	Financial and Accounting Management	6
2	S1	Gestão de Recursos Humanos	Human Resource Management	3
2	S1	Planeamento e Ordenamento Turístico	Planning and Tourism Management	6
2	S1	Língua Estrangeira III - Inglês	Foreign Language III - English	6
2	S1	Estudos de Mercado em Turismo	Market Research in Tourism	3
2	S1	Metodologia de Investigação em Turismo	Research Methodology in Tourism	3
2	S2	Agências de Viagens e Operadores Turísticos	Travel Agencies and Tour Operators	6
2	S2	Gestão do Património	Property Management	3
2	S2	Língua Estrangeira IV – Inglês/Francês/Espanhol	Foreign Language IV - English / French / Spanish	6
2	S2	Marketing Turístico	Touristic Marketing	6
2	S2	Organização de Eventos	Event organization	6
2	S2	Informação e Itinerários Turísticos	Information and Tourist Itineraries	3
3	S1	Gestão Hoteleira	Hotel Management	6
3	S1	Gestão Ambiental em Turismo	Environmental Management in Tourism	3
3	S1	Musealização e Interpretação do Património	Musealization and Heritage Interpretation	6
3	S1	Turismo Internacional	International Tourism	6
3	S1	Análise de Mercados Turísticos	Tourist Market Analysis	3
3	S1	Empreendedorismo e Avaliação de Projectos	Entrepreneurship and Project Evaluation	3
3	S2	Estágio/Seminário	Internship	30

Portuguese Educational System

