University Paris-Est Créteil



Basic Information:

The largest multidisciplinary university in Ile-de-France, the Université Paris-Est Créteil may be described as a bold yet successful enterprise: in little more than 40 years since its foundation in 1970, UPEC has managed to establish itself both as a regionally grounded institution and an internationally oriented university.

Only 20 minutes from the heart of Paris, UPEC stands out with its 120,000 square meter campus, its comprehensive programmes and state-of-the-art research. The university houses 31 research centers, and 15 components, for a student population of 30,000.

Study programme:

Bachelor's degree International Management, Field of study: Economics & Management **DURATION: 1 Year**

CREDITS: 60 ECTS

One semester in Paris (30 ECTS) + One semester in an international partner university (30 ECTS)

| COURSES | NB OF HOURS | ECTS |
|--------------------------------|-------------|------|
| Professional project | 40 | 3 |
| French as a foreign language | 30 | 3 |
| Economic Intelligence | 30 | 3 |
| Human resource management | 30 | 3 |
| Logistics | 30 | 2 |
| Finance | 30 | 2 |
| Intercultural Management | 30 | 3 |
| Information System | 30 | 3 |
| Cultural Environment | 20 | 4 |
| Project on international firms | 30 | 4 |
| TOTAL | 300 | 30 |

Useful links:

Official website: http://www.en.u-pec.fr/

Facebook page: https://www.facebook.com/upec.officiel/

Guide for international students: http://www.en.u-pec.fr/welcome-guide-for-international-

exchange-students-706702.kjsp?RH=WEBEN-EN

Information about transports: www.ratp.fr

Transport:

Accessing Upec

▶ by metro: line 8 (direction: Créteil Préfecture), station: Créteil Université

▶ by RER: line D (direction: Melun), station: Le Vert de Maisons

Rates and travel passes for public transports in Ile-de-France region

Paris and its outskirts are divided into transport zones (zones 1 to 4). For example: Paris = zones 1 and 2. If you live in Paris and you take the metro to get to Créteil, all you need is a pass for zones 1-2. When travelling, you must identify the line (e.g. line 8), the direction (e.g. Créteil Préfecture) and the station (e.g. Créteil Université).

- ▶ The metro, bus and tramway
- 1 ticket = €1.70
- 1 ticket strip (10 tickets) = €12

▶ The RER

RER ticket prices vary depending on the destination station. In intra-city Paris, the price is the same as for the metro.

▶ Navigo card

This card allows you to use public transports in Ile-de-France region with no journey limitations, within a perimeter determined according to the number of zones selected. There are two types of cards:

- weekly (valid for 1 week from Monday to Sunday)
- monthly (valid for 1 month)

| Zones | Weekly card | Monthly card |
|-------|-------------|--------------|
| 1 - 2 | €18.35 | €60.40 |
| 1 - 3 | €23.85 | €78.20 |
| 1 - 4 | €29.05 | €95.50 |

▶ Imagine R card

This card is similar to the orange card, for students under 26 only. It is valid for 12 months. At weekends, on bank holidays and during the school holidays you have access to the entire Ile-de-France region, whatever zones you have chosen.

If you live in Val de Marne, the County Council refunds 50% of the price of the card.

| Zones | Annual card | Monthly card |
|-------|-------------|--------------|
| 1 - 2 | €298.70 | €32.30 |
| 1 - 3 | €414.20 | €45.13 |
| 1 - 4 | €530 | €58 |

It is also possible to get to Paris on a Student Agency bus. You can get there from Jihlava or from Prague. More information here: https://jizdenky.studentagency.cz

Travelling in France:

France has an efficient and comfortable railway network, in particular owing to the high speed train lines. It is therefore easy to travel using this mode of transport, from one town to another and even long distance: a 4 hour train journey separates Marseille, at the southern-most point of France, from Lille, in the most northern point of the country (approximately 1000 km).

Many national and international airlines in every French city allow you to reach any destination in the world easily.

The motorway and road infrastructures are also of excellent quality, with, in particular, a network of picturesque B-roads, which allows those who take the trouble to discover all the charms of rural France.

It is not a problem to use your national driving licence in France. Speed limits are 45 or 50 km/hr in built-up areas, 90 km/hr on roads and 130 km/hr on motorways. A second-hand car in good condition rarely costs less than 3000 euros, but you can rent a recent vehicle anywhere.

Accommodation:

Accomodation unit of the Student life and culture department

This service has been established to assist student in finding accommodation. The service indicates to you available apartments and studios. You can access the lists of accommodation available at the office.

In order to access this information you must be a currently enrolled UPEC student and you must present your student card.

Approximate costs:

- average price of a room: between 350 and 500 euros all charges included
- average price of a studio: between 500 and 675 euros all charges included

Crous

This centre has rooms available in the student residences. You need to inquire in person at the Accommodation office.

Please note! The number of rooms available is very limited due to very strong demand.

> www.crous-creteil.fr

Accomodation allocated by the international relations department

For the foreign students arriving in the frame of exchange programmes, the international relations department has a limited number of rooms available in the university residences in Créteil, Cachan and Paris.

> Reserve a room

Cost of living:

However, your students status allows you to benefit from some reductions: university restaurant, university accommodation, transport... Also do not forget to show your student card when you go to museums, cinemas and fast food restaurants.

In order to live reasonably and cover your expenses, allow a budget of €1100 to €1300 per month.

Your monthly budget

▶ Accommodation: €550 to €750

▶ Food: €350

▶ Transport : €50 to €60

▶ Leisure: €100

▶ Miscellaneaous expenses (electricity, accommodation insurance...): €100 to €200

The academic calendar:

Higher education in France is divided into two semesters and constitutes one academic year.

The 1st semester: lessons begin mid-September - October and generally finish at the end of December to the end of January.

The 2nd semester : lessons begin in January - February. They generally finish in May.

University closing times

- 1 week at Christmas
- 1 week in spring
- 4 weeks in summer

A day of lessons usually starts at 8 a.m. at the earliest and finishes at 8 p.m. at the latest. Students approximately have 20 hours of lessons a week, except in the technological university institutes (30 hours).

Contacts:

International student department - Contact : +33(0)1 45 17 12 44 - scola-int@u-pec.fr

Campus life office - Contact : +33(0)1 45 17 19 84 - viedecampus@u-pec.fr

SCUIO - IP - General information, orientation and professional development department - contact: +33(0)1 45 17 12 17 - scuio@u-pec.fr