**Poland – University of Rzeszow**

# Basic Information:

The University of Rzeszow was established in 2001 and it provides education at ten faculties. It has over 22 000 full- and part-time students. The city of Rzeszow is located in southern Poland with population almost 180 000 and it lies on both sides of the Wislok river.

**Faculty of Medicine**

Institute of Nursing and Health Sciences

# Useful links:

Official webside: <http://www.univ.rzeszow.pl/en>

Information for Erasmus students: <http://www.ur.edu.pl/en/university/erasmus/ects-internet>

# Transport:

* travelling in Poland and abroad: <http://www.bilety-autobusowe.com/>
* you can go to Rzeszow
  + by bus – direct buses are available (info on [www.idos.cz](http://www.idos.cz))
  + by plane from Prague, transfer in Warsaw (LOT Polish airlines <https://www.lot.com/cz/en/>)

# Syllabi:

* all syllabi are available here: <http://www.ur.edu.pl/en/university/erasmus/sylabus-2013/nursing-14-15>

NOTICE! Courses and ECTS could change in the beginning of the academic year.

# Academic Year

The academic year in University of Rzeszow is divided into 2 parts – SUMMER and WINTER SEMESTER.

Winter semester takes from October 1, 2013 to February 07, 2014 and includes:

didactic classes - October 01, 2013 - December 22, 2013

winter holidays - December 23, 2013 - January 06, 2014

didactic classes - January 7, 2014 - January 26, 2014

exam period - January 27, 2014 - February 07, 2014

Winter-semester break - February 8, 2014 - February 16, 2014

Summer semester takes from February 17, 2014 to September 30, 2014 and includes:

didactic classes - February 17, 2014 – April 16, 2014

spring holidays – April17, 2014 - April 22, 2014

didactic classes - April 23, 2014 - June 08, 2014

exam period - June 09, 2014 - June 29, 2014

Summer break - June 30, 2014 - September 30, 2014

# Exams:

Exams are held during two weeks right after the end of each semester.

# Application and registration:

Firstly you have to apply at your home university. If you are nominated, you will fill in on-line Application Form. Make sure that you print, sign and send the application by ordinary mail as well. You also have to enclose these documents:

* 3 identity card size pictures
* photocopy of the passport or identity card
* transcript of records
* statement about good knowledge of English at least B1 level within the Common European References of Languages (signed by Institutional or Departmental Coordinator)

**Students of nursing, midwifery and physiotherapy have to bring with themselves current results of examinations:**

* X-ray of chest
* Carrier state testing *Salmonella* and *Shigella*
* Blood cell count determination (morfology)
* Urine analysis
* Medical examination about state health with stamp and signature of doctor

**Students need also proper insurance for working in hospital**

# Deadline for applications:

Winter semester: 31 May

Summer semester: 31 October

# Arrival and accommodation:

Contact the International office about the date and time of you arrival. The staff of the Office will pick you up at the station, introduce you to academic staff, and help you to find a student tutor who will be able to help you with some practical matters during your stay, will provide for a Polish language course and organize trips to Kraków, Wieliczka and Lańcut.

## Accommodation:

Accommodation is provided in students’ hostels. Costs of living for one month are about 148 – 205 €.

The University of Rzeszów is in possession of 2800 places in students' hostels

Hostel "Laura"

35-326 Rzeszów

Cicha str. 2

tel. (+4817) 854-18-59

e-mail: dslaura@op.pl

Head: M.A. Tadeusz Marut

Hostel "Filon"

35-326 Rzeszów

Cicha str. 4

tel. (+4817) 854-18-93

Head: Izabela Winiarska

Hostel number 4

35-205 Rzeszów

Warszawska str. 26a

tel. (+4817) 853-29-99

Head: Ewa Czarnek

Hostel number 3

36-007 Krasne

Krasne 30a

tel. (+4817) 852-53-06

Head: Barbara Kunysz

Hostel "Merkury"

35-959 Rzeszów

Ćwiklińskiej str. 2b

tel. (+4817) 857-42-67

Head: Marek Ogrodniczek

Hostel "Hilton"

Ćwiklińskiej str. 2c

tel. (+4817) 857-42-65

Head: Marek Ogrodniczek

Hostel "Olimp"

Siemieńskiego str. 17

35-203 Rzeszów

tel. (+4817) 853-92-05

Head: M.A. Grażyna Taradajko

# Holidays:

1 January New Year’s Day

6 January Epiphany

*variable* Easter (Easter Sunday, Easter Monday)

1 May Labour Day

3 May Constitution Day

*variable* Pentecost Sunday (7th Sunday after Easter)

*variable* Corpus Christi (9th Thursday after Easter)

15 August Assumption of the Blessed Virgin Mary

1 November All Saints’ Day

11 November Independence Day

25 December Christmas Day

26 December Boxing Day

# Don’t forget to pack:

* Identity card and
* Health insurance card
* Student card
* Debit / credit card

# International office contact:

Rejtana str. 16 c, room 26

35 - 959 Rzeszów, Poland

tel./fax.: (+48 17) 872 10 71

Opening hours: Mo and Fri 9.00 - 14.00

**Lucyna Kustra** - Head of International Relations Office, Coordinator for International Programmes - Incoming teachers (STA), Bilateral agreements - lkustra@ur.edu.pl

**Anna Zając** - Incoming students (SMS, SMP), outgoing students (SMP), outgoing teachers (STT) - dzwz@ur.edu.pl

**Agnieszka Kuca** - outgoing and incoming student and teachers (not-Erasmus) - akuca@ur.edu.pl